

Name _____ Block _____ Date _____

Instructor _____ Grade _____ Student Sign _____

Foley Catheter Check-Off	Satisfactory	Unsatisfactory	Comments
Arrives to Check-off on time, following WSCC DNE dress code as outlined in the student handbook and clinical guidelines. Must have <u>stapled</u> rubric.			<i>*If not in clinical dress student is not permitted to check off, rubric must be stapled.</i>
Review Orders and Medical History: <i>Female Foley Catheter Insertion</i>			
Gather Supplies: Foley Catheterization Kit, Sterile Gloves (if alternate size needed)			
Identify Patient: Name & DOB (compare to arm band)			
Assess Allergies (Betadine, Iodine, Shellfish, Latex, Tape)			
Explain Procedure to Patient			
Perform Hand Hygiene (Hand Sanitizer)			
Provide Privacy (student may verbalize door/curtain closed)			
Raise Bed to Working Height (MUST BE WAIST LEVEL FOR STERILE PROCEDURE)			
Position Female Patient (Dorsal Recumbent Position)			
Perform Perineal Care and locate urethral meatus (student may verbalize)			
Perform Hand Hygiene			
Remove Clear Plastic from kit and place at HOB(use as trash bag)			
Open Catheterization Kit (STERILE TECHNIQUE begins here)			
Apply Sterile Gloves (may use alternate size, package should be unopened)			

Drape Patient: Allow top edge of drape to from a cuff over both hands and slide drape on bed between patient's thighs			
Apply fenestrated drape over perineum, exposing labia			
Open Swab Sticks (students to use dry swab sticks, additional swab stick will be provided)			
Attach prefilled syringe to catheter			
Open Lubrication jelly, Remove plastic sheath, Lubricate catheter tip (female: 1 to 2 inches)			
With non-dominant hand, retract labia to expose urethral meatus (this hand cannot move throughout the rest of the procedure)			
Clean perineal area, wiping front to back. Cleanse far labial fold, near labial fold, and down the center of the meatus (away, toward, middle)			
Pick up the catheter with dominant hand			
Insert catheter: Ask patient to bear down as if to void as you insert through the urethral meatus			
Advance the catheter 2-3 inches or until urine flows; then insert an additional 1-2 inches			
Release labia and hold catheter securely with non-dominant hand			
Inflate balloon (5 ml on manikin only) and pull catheter gently to feel resistance			
Detach syringe			
Secure catheter tubing to inner thigh with stat lock device or tape			
Hang urine drainage bag on fixed portion of the bed, below the level of the bladder			

Perform perineal care and assist patient to comfortable position.			
Collect Urine Specimen (Be able to describe steps to obtain specimen out of drainage bag and port)			
Remove Foley catheter			

Documentation: Date/Time, Size of Catheter, Amount of fluid to inflate Balloon, Characteristics of Urine (color, consistency, clarity, odor, amount), Specimen collected, Patient response to procedure, & Patient Education			
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