

WALLACE STATE HANCEVILLE

CHEERLEADING POLICIES

You are expected to be enrolled as a full-time student (a minimum of 12 hours per semester) at Wallace State Community College.

You may be required to represent Wallace State Community College at various activities designated by the coach or by the College Administration throughout the year.

You must travel with the squad whenever transportation is provided to road games.

Activity restrictions **MUST** come from a physician. Any squad member placed on a rehabilitation program must follow through with the prescribed treatments. Failure to do so is grounds for temporary suspension or permanent dismissal. The physician **MUST** give approval before normal activities can be resumed following a major injury.

You cannot cheer / perform with an all star team while on the team at Wallace State.

No gum chewing while in uniform. No gum chewing in practice.

No wearing of caps while in uniform, at practice, or indoors. No jewelry of any type can be worn while practicing or cheering (while in uniform).

No consumption of alcohol or use of tobacco products while in uniform or on school related trips. Drinking prior to any type of cheerleading activity will not be tolerated. Use of illegal drugs is grounds for permanent dismissal.

Criminal behavior is grounds for immediate suspension and/or permanent dismissal.

You are not allowed to have any part of your body pierced or tattooed, if not already done.

Body odor is offensive - use some type of deodorant protection.

Females must keep their underarms and legs (from the ankle up) clean shaven. Use of lotion prior to a cheerleading activity is not allowed. Males must keep their faces clean shaven. Extreme hairstyles are subject to the approval of the coach and/or Athletic Administration.

Failure to abide by safety standards is grounds for temporary suspension or permanent dismissal.

Any member of the squad who is knowingly dishonest when offering an excuse for an absence places him/herself in jeopardy to continue as a WSCC Cheerleader. Dishonesty and lack of respect for authority will not be tolerated.

Your uniforms were clean when you received them. You are expected to return them at the end of the year in comparable condition. You are responsible for their safekeeping throughout the year. If any article (including megaphone and poms) is lost, damaged, or stolen you are responsible for the monetary replacement of it.

You must keep your uniforms in good repair throughout basketball season. This means no broken zippers, ripped seams, or hems. It is not permissible to substitute personal clothing/shoes for uniforms items that are misplaced or in need of repair. Cheerleading uniforms cannot be worn for personal attire.

Failure to wear the proper uniform including shoes and failure to arrive at the designated time for any cheerleading function are grounds for disciplinary action to be determined by the coach.

You must maintain your weight and body fat throughout the year. If both your weight and body fat exceed the

limitations, your participation in stunts, basket tosses, and pyramids will be restricted.