Head to Toe Assessment Validation

Student Name: ____________________________ Block: ____________ Date: ____________
Instructor: ____________________________ Overall Validation Grade: S or U (circle one)

Student Signature: _____________________________________________________________

Directions: This rubric outlines actions that you will have to perform in order to successfully pass the Head to Toe Assessment Validation. The rubric is broken down into sections with the section topic in bold at the beginning of that section. You will receive either a Satisfactory or Unsatisfactory for each section. If you receive an Unsatisfactory for a section, you will have to remediate on content for that section and revalidate on that section ONLY. Please note though that there are a couple of situations that would require you to revalidate on the entire Head To Toe Assessment such as: If you do not meet the requirements of completing your assessment in an organized, head to toe fashion, take longer than 30 minutes to validate or are unsuccessful on more than 3 sections, you will have to revalidate on the entire Head To Toe Assessment.

<table>
<thead>
<tr>
<th>Head to Toe Assessment Validation</th>
<th>Satisfactory</th>
<th>Unsatisfactory</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Professionalism:</strong></td>
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<tr>
<td>☐ Student arrives at their scheduled validation time. If time of arrival is questioned, the deciding factor will be the time that the student swiped in on the Kiosk machine.</td>
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<tr>
<td>☐ Student must be in WSCC scrubs and follow clinical dress guidelines</td>
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<tr>
<td>☐ Arrives with penlight and stethoscope</td>
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<tr>
<td>☐ ID badge must be visible</td>
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<tr>
<td>☐ Hair neat and off neck</td>
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<tr>
<td>☐ Wears appropriate jewelry</td>
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<td>☐ No sunglasses/hats/visors/etc.</td>
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<tr>
<td>☐ Nails at appropriate length with no polish or acrylics</td>
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<tr>
<td>☐ Tattoos must be covered</td>
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<tr>
<td>☐ Be prepared with STAPLED grading rubric</td>
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**If all boxes in the professionalism portion are not checked, then the student CAN NOT proceed to complete the validation process and will be required to complete a remediation activity and revalidate on the makeup validation day**

Please circle in order for student to proceed:

<table>
<thead>
<tr>
<th>Allows to proceed</th>
<th>Not allowed to proceed</th>
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</thead>
<tbody>
<tr>
<td><strong>Initial Interaction with Patient:</strong></td>
<td></td>
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<tr>
<td>☐ Student identifies self and role to patient</td>
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</tbody>
</table>
- Performs hand hygiene
- Identifies 2 sources of patient identification (Name & DOB) and checks against patient’s armband

**General Appearance:**
- ☐ Assess posture and position and verbalize findings
- ☐ Assess speech for tone, clarity and pace of speech
- ☐ Assess to make sure content is appropriate and verbalize findings
- ☐ Assess client’s preferred language and verbalize findings
- ☐ Assess gait and verbalize findings

**Vital Signs:**
- ☐ Assess oral temperature and verbalize findings
- ☐ Assess radial pulse and verbalize findings
- ☐ Assess respirations and verbalize findings
- ☐ Assess blood pressure and verbalize findings
- ☐ Assess O2 Sat and verbalize findings

**Neuro:**
- ☐ Assess Level of Consciousness (LOC) and verbalize findings
- ☐ Assess orientation to person, place, time and situation and verbalize findings

**Pain:**
- ☐ Ask whether or not patient is in pain
- ☐ Verbalize what each letter of OLDCARTS means
- ☐ Verbalize one question for each letter in OLDCARTS

**Skin & Nails:**
- ☐ Inspect skin color, temperature and moisture on upper and lower extremities and verbalize findings
- ☐ Inspect nails for clubbing and verbalize findings
- ☐ Assess capillary refill and verbalize findings

**HEENT:**
- Assess for facial symmetry and verbalize findings
- Assess for PERRLA and verbalize findings
- Assess EOM’s by going through the 6 cardinal positions of gaze and verbalize findings
- Inspect mouth with penlight and verbalize findings

**Neck:**
- Inspect neck for symmetry, lumps and pulsations and verbalize findings
- Palpate the lymph nodes of the face and neck and verbalize findings
- Palpate carotid artery and verbalize findings

**Cardiac:**
- Auscultate heart sounds in all 5 ausculatory areas with diaphragm AND bell and verbalize findings

**Lungs:**
- Auscultate all lung sounds anteriorly and verbalize findings
- Auscultate all lung sounds posteriorly and verbalize findings

**Musculoskeletal:**
- Assess hand strength and verbalize findings
- Assess arm strength and verbalize findings
- Palpate strength of radial pulse and grade
- Assess leg strength and verbalize findings
- Assess foot strength and verbalize findings
- Palpate pedal pulses and grade

**Abdomen:**
- Verbalize the correct order sequence for assessment of the abdomen.
- Inspect abdomen for contour, symmetry, skin characteristics, umbilicus and pulsations and verbalize findings
| ☐ Auscultate bowel sounds in all 4 quadrants and verbalize findings |
| ☐ Auscultate with bell for vascular sounds over the aorta and verbalize findings |
| ☐ Lightly palpate all 4 quadrants of the abdomen and verbalize findings |

**Closure:**
- ☐ Let the patient know you are finished and when you will be back
- ☐ Bed rails up x2 or x3
- ☐ Bed in low position
- ☐ Call light within reach

**Additional Items:**
- ☐ Student performed assessment in a systematic head to toe fashion with limited position changes.
- ☐ Student did not take longer than 30 minutes
- ☐ Student did not receive a U in more than 3 sections