Foley Catheter Validation Rubric

Printed Name (Course	Student Sign	ature	
Instructor	Grade:	Satisfactory (S)	Unsatisfactory (U)	

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Pick up the catheter with dominant hand		
Insert catheter: Ask patient to bear down as if to void as		
you insert through the urethral meatus		
Advance the catheter 2-3 inches or until urine flows;		
then insert an additional 2-3 inches-to the Y with a male		
Release labia and hold catheter securely with non-		
dominant hand		
Inflate balloon (5 ml on manikin only) and pull catheter		
gently to feel resistance		
Detach syringe		
Secure catheter tubing to inner thigh with stat lock		
device or tape		
Hang urine drainage bag on fixed portion of the bed,		
below the level of the bladder		
Assist patient to comfortable position and perform		
perineal care		
Documentation: Date/Time, size of catheter, amount of		
fluid to inflate balloon, characteristics of urine (color,		
consistency, clarity, odor, amount), patient response to		
procedure, & patient education		
Remove Foley catheter, document the tip is intact and		
measure urine in bag		
Comments:		