

Foley Catheter Validation Rubric

Printed Name _____ Course _____ Student Signature _____

Instructor _____ Grade: Satisfactory (S) Unsatisfactory (U)

Foley Catheter Check-Off	Satisfactory S	Unsatisfactory U	Comments
Arrives to Check-off on time, following dress code as outlined in the student handbook and clinical guidelines. Critical points are highlighted in bold .			*If not in clinical dress student is not permitted to check off, checklist must be stapled.
Review Orders: <i>Female Foley Catheter Insertion</i>			
Gather Supplies: Foley Catheterization Kit, Sterile Gloves			
Identify Patient: Name & DOB (compare to arm band)			
Assess Allergies (Betadine, Iodine, Shellfish, Latex, Tape) Explain Procedure to Patient			
Perform Hand Hygiene			
Provide Privacy (may verbalize door/curtain closed)			
Raise bed to working height (MUST BE WAIST LEVEL FOR STERILE PROCEDURE)			
Position Female Patient (Dorsal Recumbent Position)			
Perform Perineal Care and locate urethral meatus (student may verbalize)			
Perform Hand Hygiene			
Remove Clear Plastic from kit and place at the foot or head of the bed (may use as trash bag)			
Open catheterization kit (STERILE TECHNIQUE BEGINS) Apply sterile gloves			
Drape Patient: Allow top edge of drape to form a cuff over both hands and place drape on bed between patient's thighs			
Apply fenestrated drape over perineum, exposing labia			
Open swab sticks			
Open lubrication jelly, remove plastic sheath, attach pre-filled syringe to catheter, lubricate catheter tip (female: 1 to 2 inches)			
With non-dominant hand, retract labia to expose urethral meatus (this hand cannot move throughout the rest of the procedure)			
Clean perineal area, wiping front to back. Cleanse far labial fold, near labial fold, and down the center of the meatus (away, toward, middle)			

