## Foley Catheter Validation Rubric

Printed Name $\qquad$ Course $\qquad$ Student Signature $\qquad$

Instructor $\qquad$ Grade:
Satisfactory (S)
Unsatisfactory (U)

| Foley Catheter Check-Off | Satisfactory <br> S | Unsatisfactory <br> U | Comments |
| :--- | :--- | :--- | :--- |
| Arrives to Check-off on time, following dress code as <br> outlined in the student handbook and clinical guidelines. <br> Critical points are highlighted in bold. |  | *If not in clinical dress <br> student is not permitted <br> to check off, checklist <br> must be stapled. |  |
| Review Orders: Female Foley Catheter Insertion |  |  |  |
| Gather Supplies: Foley Catheterization Kit, Sterile Gloves |  |  |  |
| Identify Patient: Name \& DOB (compare to arm band) |  |  |  |
| Assess Allergies (Betadine, lodine, Shellfish, Latex, <br> Tape) Explain Procedure to Patient |  |  |  |
| Perform Hand Hygiene |  |  |  |
| Provide Privacy (may verbalize door/curtain closed) |  |  |  |
| Raise bed to working height (MUST BE WAIST LEVEL FOR <br> STERILE PROCEDURE) |  |  |  |
| Position Female Patient (Dorsal Recumbent Position) |  |  |  |
| Perform Perineal Care and locate urethral meatus <br> (student may verbalize) |  |  |  |
| Perform Hand Hygiene |  |  |  |
| Remove Clear Plastic from kit and place at the foot or <br> head of the bed (may use as trash bag) |  |  |  |
| Open catheterization kit (STERILE TECHNIQUE BEGINS) <br> Apply sterile gloves |  |  |  |
| Drape Patient: Allow top edge of drape to from a cuff <br> over both hands and place drape on bed between <br> patient's thighs |  |  |  |
| Apply fenestrated drape over perineum, exposing labia |  |  |  |
| Open swab sticks |  |  |  |
| Open lubrication jelly, remove plastic sheath, attach <br> pre-filled syringe to catheter, lubricate catheter tip <br> (female: 1 to 2 inches) |  |  |  |
| With non-dominant hand, retract labia to expose <br> urethral meatus (this hand cannot move throughout <br> the rest of the procedure) <br> meatus (away, toward, middle) |  |  |  |
| Clean perineal area, wiping front to back. Cleanse far |  |  |  |


| Pick up the catheter with dominant hand |  |  |  |
| :--- | :--- | :--- | :--- |
| Insert catheter: Ask patient to bear down as if to void as <br> you insert through the urethral meatus |  |  |  |
| Advance the catheter 2-3 inches or until urine flows; <br> then insert an additional 2-3 inches-to the Y with a male |  |  |  |
| Release labia and hold catheter securely with non- <br> dominant hand |  |  |  |
| Inflate balloon (5 ml on manikin only) and pull catheter <br> gently to feel resistance |  |  |  |
| Detach syringe |  |  |  |
| Secure catheter tubing to inner thigh with stat lock <br> device or tape |  |  |  |
| Hang urine drainage bag on fixed portion of the bed, <br> below the level of the bladder |  |  |  |
| Assist patient to comfortable position and perform <br> perineal care |  |  |  |
| Documentation: Date/Time, size of catheter, amount of <br> fluid to inflate balloon, characteristics of urine (color, <br> consistency, clarity, odor, amount), patient response to <br> procedure, \& patient education |  |  |  |
| Remove Foley catheter, document the tip is intact and <br> measure urine in bag |  |  |  |

Comments:

