

Wallace State Lifelong Learning Institute Live Well. Learn On.

Spring 2024 Schedule Wallace State Community College

256.352.7803 • wallacestate.edu/walli

Walli — WALLACE STATE LIFELONG LEARNING INSTITUTE

The Wallace State Lifelong Learning Institute (WaLLi) is for individuals aged 50 and up and offers a unique learning community that is life-enriching, that provides opportunities to engage with new people, and offers intellectually stimulating events and travel. Each semester there are a wide range of activities scheduled such as cultural events, arts and crafts, movies, day trips, luncheons, lectures, games, a book club, and events highlighting our local communities. Other offerings may include computer and technology courses, health-related topics and health fairs, competitions and overnight excursions. Use of the Wallace State Wellness Center and gym is also included as a component of the WaLLi program. Courses are taught by volunteers and instructors who share their knowledge and passions.

Membership

Membership includes (each semester):

- Wallace State Wellness Center and gym membership
- Unlimited WaLLi courses and activities
- Seminars and cultural events at WSCC and from community and departmental partners including student admission to WSCC music and theatre productions held at WSCC
- Trips, tours, social luncheons, holiday parties, movies and contests
- Small group activities WaLLi Lunch Bunch, WaLLi Book Club
- Free use and circulation privileges at WSCC Library
- Free admission to WSCC-sponsored home athletic events and the Burrow Museum
- Access to discounted WSCC services
- Free WaLLi t-shirt with one-year membership

WaLLi offers a variety of membership options, giving you the opportunity to choose a level that best fits your lifestyle

Membership fees:

One year program (begins and ends annually in August)	\$120
Fall Semester (mid-August through mid-December)	\$50
Spring Semester (January through first week in May)	\$50
Summer Semester (mid-May through mid-August)	\$30

The WaLLi program follows the academic calendar of WSCC. Check the WSCC website or the semester printed schedule for registration dates and for the beginning/ending of classes each term.

Contact Us

Need more information or to contact us? **WaLLi Office:** Wellness Center, Room 111 **Email:** WaLLi@wallacestate.edu **Phone:** 256.352.7803 - Please leave a message and we will return your call as soon as possible. Thank You! **Mailing Address:** WaLLi Program, P.O. Box 2000, Hanceville, AL 35077 **Website:** www.wallacestate.edu/walli Website includes the WaLLi application, schedules, monthly calendar downloads, registration forms, and travel forms. **Facebook:** www.facebook.com/groups/WSCCWaLLi/

Senior Adult Scholarships

As stated in the WSCC College Catalog (2022-2023, p. 58): "Students meeting institutional admission requirements, who are 60 years of age or older, are eligible for the Senior Adult Scholarship Program, which covers tuition only. The scholarship can be used for transitional and credit courses leading to an associate degree, diploma, or certificate. Courses may also be audited for no college credit or grade. Re-peat courses are not eligible. Students must pay fees by the published deadline each semester."

Other requirements may apply. For more information contact the Financial Aid Office – 256.352.8182.

Registration Days for Spring 2024 Semester

This program registers throughout the semester; however, the dates and times listed below ensure that someone will be in the WaLLi office to assist in registration.

Register from 8-11 a.m. in Wellness Center Room 110: Friday, January 5 Monday, January 8

Instagram: www.instagram.com/wscc_WaLLi/ Twitter: https://twitter.com/wsccWaLLi/

Remember, many activities have class limits and are available on a first-come, first-served basis. Sandy Seibert is available to assist you on Monday, Wednesday and Friday from 7 to 11:30 a.m., once classes begin.

Registration & Policies

To allow as many members as possible to participate, the following policies are in effect for the WaLLi program:

- Only register for activities you plan to attend.
- If your plans change, promptly contact the WaLLi Office at 256.352.7803 to withdraw.
- Members may register for only one course per any given day/time slot.
- Only participants registered for the activity will receive communication from the WaLLi Office or instructor.
- Health fairs, WSCC programs such as musical and theatre productions, and the WSCC home athletic events do not require registration. Just show your WaLLi membership card at the door for free admission.
- Credit/debit card is the preferred method of payment; however, we do accept cash and checks.
- In order for scheduled classes to be held, there must be a minimum number of ten people registered for the workshop or activity.
- Activities requiring transportation require a minimum of 30 participants. Registration will remain open until one week prior to the date of the event and, if there are fewer than the required registrants, it will be canceled. Anyone registered will be notified prior to the event.
- For trips, you will not be on the official registration list until you complete and submit the required paperwork and fee (if

Wallace State Services

By being a member of WaLLi, participants may take advantage of services offered through WSCC programs including:

- Dental Clinic teeth-cleaning and x-rays, 256.352.8300
- Salon and Spa Management full range of services,
- 256.352.7819 (cut, style, color, perm, waxing, manicures and pedicures)
- Automotive Service Technology range of services, 256.352.8151 (on vehicles 10 years old or less, cost of supplies plus 20%)
- Agriculture and Horticulture seasonal plant sales, 256.352.8035
- Alumni Association join for student rate of \$20, 256.352.8071

applicable) for the event. We will not hold seats for anyone without required forms or payment on file.

- Classes and trips will be filled on a first come-first served basis and, once filled, everyone else will be wait-listed. If we reach the required number of participants to make another section and are able to secure the instructor again, we will add another section and notify you of the new date and time of the workshop/event. Trips will require 30 people for another bus to be scheduled and will occur on the same day/time.
- Any activities requiring an additional fee must be paid prior to formal registration for the event. No refunds will be issued unless the activity is canceled by the college. Should a participant need to cancel, then they may find someone to fill their slot; however, the participant is responsible for any registration fee monetary exchange between them and the substitute.
- Unless otherwise noted in the schedule, all classes are held in the Wellness Center and all buses for the trips load in the Coliseum parking lot.
- In case of inclement weather check local media broadcasts or the Wallace State website for closing or delay announcement. If the college is closed then all activities are canceled.

Wellness Center Hours

Spring and Fall Semesters

6:30 am to 7:00 pm, Monday, Wednesday 8:00 am to 7:00 pm, Tuesday, Thursday 6:30 am to 12:00 pm, Friday

Summer Semester

6:30 am to 2:00 pm, Monday, Wednesday8:00 am to 2:00 pm, Tuesday, Thursday6:30 am to 12:00 pm, Friday

Semester-Long Activities

Classes begin Mol	nday, January 8	and end on Wednesday, May 8.				
Exercise	M, W 8 – 8:45 am		ı	Wellness Center		
Stretch Class	M, W,		9 – 9:45 am 8 – 10 am 8 – 8:45 am		Wellness Center Wellness Center Wellness Center	
Volleyball	M, W,	F 8 – 10 am				
Line Dancing	F	8 – 8:45 am				
BOWLING (partic	cipants pay bow	ling fees/shoe rental)				
January 10	11 am	Cullman Bowling Center	GAME DAYS			
February 14	11 am	Cullman Bowling Center	August 21	10:15 am	WaLLi Classroom	
March 13	11 am	Cullman Bowling Center	September 18	10:15 am	WaLLi Classroom	
April 10	11 am	Cullman Bowling Center	October 16	10:15 am	WaLLi Classroom	
May 8	11 am	Cullman Bowling Center				
			CHESS			
LUNCH BUNCH (meet at restaurant, meal at your expense)		Every Wednesday	11 am	TBA		
January 25	11 am	Freddy Day's Restaurant				
		1628 2nd Ave NW,Cullman	BINGO			
April 17	11 am	WSCC Culinary Arts	January 29	10:15 am	WaLLi Classroom	
			February 26	10:15 am	WaLLi Classroom	
BOOK CLUB			April 29	10:15 am	WaLLi Classroom	
January 12	9:30 am	WaLLi Classroom				
February 9	9:30 am	WaLLi Classroom	GAME DAY			
March 8	9:30 am	WaLLi Classroom	January 22	10:15 am	WaLLi Classroom	
April 12	9:30 am	WaLLi Classroom	February 19	10:15 am	WaLLi Classroom	
			March 18	10:15 am	WaLLi Classroom	
BINGO			April 22	10:15 am	WaLLi Classroom	
August 28	10:15 am	WaLLi Classroom				
September 25	10:15 am	WaLLi Classroom	CARD GAMES (Games played are dealer's choice)			
October 23	10:15 am	WaLLi Classroom	February 5	10:15 am	WaLLi Classroom	
November 27	10:15 am	WaLLi Classroom	March 4	10:15 am	WaLLi Classroom	
			April 1	10:15 am	WaLLi Classroom	
POTLUCK LUNCHES		May 6	10:15 am	WaLLi Classroom		
February 21	11 am	JBC 12th Floor				
May 1	11 am	JBC 12th Floor				

Hobbies, Health & More

WINTER WEED MANAGMENT

January 31, 10:15 – 11:15 am

WaLLi Classroom, Wellness Center

Not everything goes dormant in the wintertime. Winter weeds are thriving and will wreak havoc in your garden. Be sure you're prepared. Join Dr. Kira Sims, Alabama Cooperative Extension System Cullman County Coordinator, as she gives advice and tips for how to manage these problems

TECH LAB

March 1, 10:00 – Noon JBC 8th Floor

Visit the Tutorial Lab today for assistance with technology questions. Bring your laptop, phone, Kindle or questions about any other technology and one of the tutors will work with you to solve the problem.

EASTER EGG HUNT

March 22, 10:15

Meet at WaLLi Classroom, Wellness Center

Who said hunting Easter eggs is just for kids? Come join in on the hunt and find candy and other prizes. Cancelled if raining.

LOONEY LUNCH

April 1, 11:00 am JBC 12th Floor

There are really no words to describe this event – it was suggested by Sandy so you can only imagine what it entails! No need to bring anything but you do need to sign up so we have enough items for everyone.....it's a mystery – maybe an April Fool's trick!

STRAWBERRY FESTIVAL HISTORY POTLUCK

May 1, 11 am

JBCC 12th Floor

Roberta McClellan, Cullman County Extension Office Education Coordinator, will join us at today's potluck luncheon to share facts and photos about the history of the Cullman County Strawberry Festival. The first festival was held on Saturday, May 13, 1939, and featured a large parade, a floral show, strawberry exhibits and auction, a fiddler's contest, music, a dance and a pageant.

Classes for Crafters, Cooks & Artists

REVERSIBLE BLOCK DECOR

January 17, 10:15 – 11:30 am WaLLi Classroom, Wellness Center

Baylee will instruct you on how to create adorable reversible block décor for your home. The \$12 fee includes all materials. Class limited to 25 participants.

VALENTINE CHOCOLATE BOX

CLASS

February 12, 10:15 – 11:30 am WaLLi Classroom, Wellness Center



Together we will be creating chocolate covered strawberries, pretzels and more to go home

with you in a decorative box. The \$20 fee includes all instruction and materials. Class limited to 25 participants.

CARDMAKING WORKSHOP

February 28, 10:15 – 11:30 am WaLLi Classroom

Whether you are brand new to paper crafting or are an experienced card maker, you will enjoy this class and leave with cards you will be proud to send. Gail Sanders, former WSCC instructor, will lead you in creating these fun cards. The \$5 fee includes instruction and most materials. Bring your own scissors and glue. Class limited to 25 participants.

BUNNY CRAFTS CLASS

March 4, 10:30 - Noon WaLLi Classroom, Wellness Center We had so much fun doing the pumpkin craft in the fall, that Walli members Patee Stafford and Elaine Williams will show you how to make three different bunny crafts to use



in decorating for Easter. You should bring an inexpensive wash cloth (any color you like) and scissors. The \$5 fee includes all other supplies and instruction. Class limited to 20 participants.

COOKIE DECORATING CLASS

March 6, 10:15 am - Noon

WaLLi Classroom, Wellness Center

Pat Horton, cake decorator and caterer, will instruct you on ways to create custom decorated cookies. You will take home a half-dozen decorated cookies and have a great time making them. The \$25 fee includes baked cookies, icing, decorating supplies, and instruction. Class limited to 25 participants.

ABSTRACT LION PAINTING

March 20, 10:15 – 11:30 am WaLLi Classroom, Wellness Center We will be creating a colorful abstract lion canvas painting. The \$15 fee includes canvas, all acrylic paint, materials and stepby-step instruction from Baylee. Limited to 25 participants.



SPRING FLOWER ARRANGING

April 15, 10:15 am - 11 am

WaLLi Classroom, Wellness Center

Create a beautiful flower arrangement to brighten your home for Easter. The \$20 fee includes a variety of live flowers to choose from, a glass vase, a decorative bow, and instructions from Baylee. If you have specific flowers you wish to use, just bring those with you.

Alumni Association Membership



WALLACE STATE WALLI members may join the Wallace State Alumni Association at the student rate of \$20 per year (September 1-August 31). Go to www.wsccalumni.org or come by the Alumni office locat-ed on the 11th floor of the Bailey Center, Room 1101.

Day Trips

DAY TRIP TO YESTERDAY'S EVENTCENTER IN ATHENS

February 15, 9:30 am – 3 pm

Bus departs from Bevill Building Parking Lot Today we travel to Athens for a special Valentine's Show featuring Huntsville's In the Mood Big Band. The \$25 fee includes transportation, lunch and musical show. Due to the Regional Basketball Tournament, the bus will depart from the Bevill Building parking lot.

ICE CREAM SOCIAL

February 28, 11:45 am Hanceville Drug Store Remember those wonderful ice cream parlors with those mile-high banana splits, floats, milkshakes and more? When you visit the Soda Fountain at Hanceville Drug Store, you



will feel as if you have stepped back in time. Join fellow Walli members for special treats and discounts just for us – you won't be disappointed.



DAY TRIP TO HORSESHOE BEND NATIONAL PARK

April 25, 7:30 am – 5 pm

Bus Departs Coliseum Our first stop on today's trip will be at the Horseshoe Bend National Park in Daviston, AL for a Ranger-led tour. The Battle of Horseshoe Bend, fought on March 27, 1814 and the site of the penultimate battle of the Creek War, effectively ended Creek resistance to American advances into the southeast, opening up the Mississippi Territory for pioneer settlement. Over 800 Upper Creeks died defending their homeland, the largest loss of life for Native Americans in a single battle in the history of the US. Andrew Jackson's triumphant win helped him be elected President. After learning about this much-forgotten history, we will have lunch (your expense) at General's Café, a meat and three restaurant. Save room for dessert as we then travel to the Blue Bell Creamery Ice Cream Parlor in Sylacauga for ice cream (at your expense). We can enjoy traditional flavors or experience special ones only available at the parlor. Bus fee: \$7.

Alumni Association Travel



TO KILL A MOCKINGBIRD

PLAY February 17, 2024 Huntsville, AL www.wsccalumni.org/MB24 AUTUMN GETAWAY TOUR September 30—October 4, 2024 Various locations in Kentucky www.wsccalumni.org/KY24



WINTER WONDERLAND HOLIDAY December 3—6, 2024 Blueridge and Helen, GA www.wsccalumni.org/DEC24

JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT MUSICAL July 17, 2024 Alabama Shakespeare Festival—Montgom-

ery www.wsccalumni.org/joseph24

