

PATHWAYS COMMUNITIES



PULSE

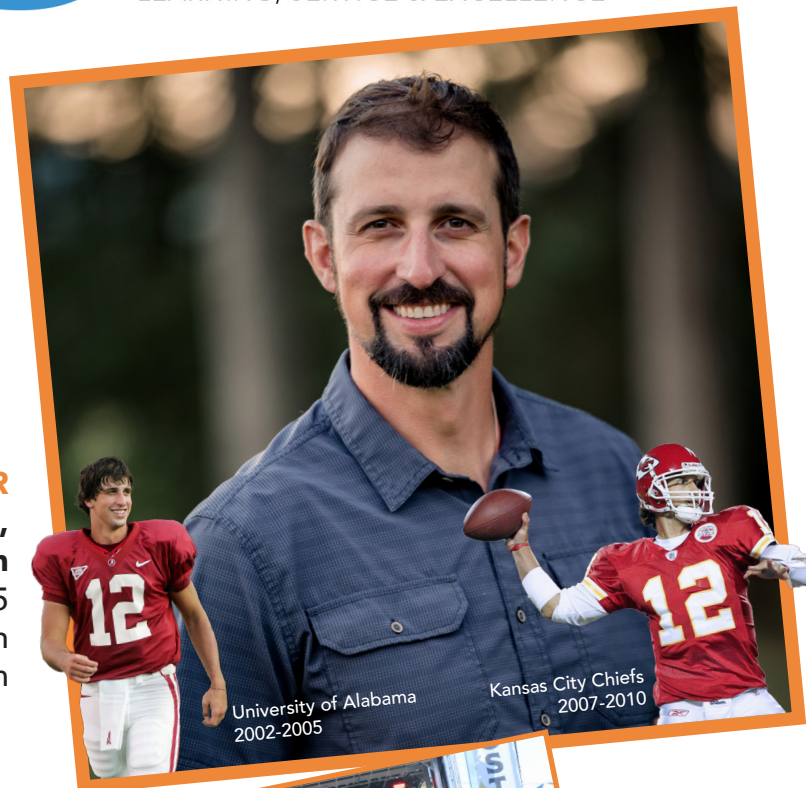
PATHWAYS UNITED FOR
LEARNING, SERVICE & EXCELLENCE

2022

KICKOFF SPEAKER

**Brodie Croyle,
Big Oak Ranch**

8 a.m., Tuesday, Oct. 25
Traditions Bank Arena in
the Tom Drake Coliseum



Tuesday, Oct. 25
Wednesday, Oct. 26

Professional
Development

Personal Enrichment

Student Success

Speakers



TOWN HALL WITH DR. KAROLEWICS

Wednesday at 12 pm,
Wally's Grill

**See Page 11 for information*



FREE PERFORMANCES by WSCC PERFORMING ARTS

Tuesday & Wednesday at 12 pm, Burrow Center

#PULSE2022

Customize Your Experience - Choose 2 Blocks!

1

PULSE offers three blocks from which students can choose to customize their experience: Kickoff Speaker, Workshops and Serve Project. Students should choose to participate in two of the three blocks. These events will offer multiple opportunities for professional development, personal enrichment, tips for student success, and the chance to network with leaders in your industry, meet new people, visit areas of Wallace State you normally wouldn't, and have fun.

BLOCK A KICKOFF SPEAKER

Brodie Croyle
Big Oak Ranch

8 a.m.
Tuesday, Oct. 25
Traditions Bank Arena
Tom Drake Coliseum

Presentation will be live streamed via WSCC's YouTube channel and also made available for viewing after the live event. Oneonta students will have the chance to view the live stream on their campus at the Academic Center.



BLOCK B WORKSHOPS

Full-Time Students should attend at least two (2) workshops if they choose this block.

Part-Time Students should attend at least one (1) workshop if they choose this block.

Full-time students are those taking 12 or more credit hours; part-time students are taking fewer than 12 credit hours. Some workshops will be live streamed and/or recorded for viewing.

BLOCK C SERVE PROJECT

Students who choose to participate in a Serve Project will sign up via a link in their PULSE Blackboard shell. Space is limited to first-come, first-served basis.

Students should participate in only one Serve Project.



NOTE: These events will be held in place of your regularly scheduled classes. Distance learners or students whose schedules do not allow them to participate in live events will have access to view the kickoff speaker and select workshops via the Wallace State Community College YouTube channel and/or Kaltura. Look for the movie camera icon to indicate live streamed or recorded events. Kaltura videos will be available the first day of PULSE or within 48 hours in the PULSE Information & Survey Blackboard shell and be available for viewing through Nov. 9.

2

Complete Reflection and/or Assignment

After PULSE is over, you will be asked to complete a reflection and/or a separate assignment associated with one or more of your classes. Please check with your instructors to see how they will incorporate this into their curriculum and if any extra credit will be awarded for your participation.

3

Tell Us What You Thought

You will be asked to submit a survey of your PULSE experience. Please look for this survey in your PULSE Information & Survey Blackboard shell.

How To Register for Workshops


1. Visit www.wallacestate.edu/pulse or the PULSE Blackboard shell to see this booklet of workshops listed by day and time.
 2. Click on name of class you want to attend in person.
 3. If new to Elevate, follow steps to create an Elevate account using your WSCC email address as your username. Returning users of Elevate should simply log in.
 4. Click on Enroll and Pay (classes are free) under the New Enrollment section.
 5. Make sure your details are correct in the next pages and click Next.
 6. Submit then review classes under "Programs" - for class locations refer to this booklet.
- (See detailed instructions with graphics in the PULSE Blackboard shell.)

REGISTER ONLY FOR WORKSHOPS YOU PLAN TO ATTEND IN PERSON. Space is limited; register early! Send questions to pulse@wallacestate.edu.

WORKSHOPS - TUESDAY, OCTOBER 25, 2022

8:00 AM - TUESDAY, OCTOBER 25

HANCEVILLE CAMPUS

| | | |
|---|---|--------------------|
| 50272 | Keynote Speaker: Brodie Croyle - In Person and Live Stream  | Tom Drake Coliseum |
| <p>Brodie Croyle is the president and CEO of Big Oak Ranch, and a former quarterback for the University of Alabama and the Kansas City Chiefs. Big Oak Ranch is a Christian home for abused, neglected and abandoned children, started by Brodie's father John Croyle in 1974. More than 2,000 children call it home.</p> | | |

ONEONTA CAMPUS

| | | |
|-------|---|----------|
| 50273 | Keynote Speaker: Brodie Croyle - Live Stream  | ONE2 139 |
|-------|---|----------|

9:30 AM - TUESDAY, OCTOBER 25

HANCEVILLE CAMPUS

| | | |
|-------|---|-----------------------|
| 50128 | Women's Self Defense | AVC 117 |
| 50196 | Industry Comes to Wallace State | JBC Auditorium |
| 50202 | Engaging with Employers through Handshake | JBC 2nd Floor |
| 50161 | Campus Photo Hunt | Gudger Student Center |
| 50252 | Build a Wally Food Drive | Gudger Student Center |
| 50187 | Monoprint Printmaking | FPA 226 |
| 50265 | Keyboarding Skills | BE 102 |
| 50239 | Credit Awareness | BE 120 |
| 50221 | Crime Scene House Tour | Crime Scene House |
| 50212 | Don't Be Phish Bait: Cybersecurity for Everyone | CS 001 |
| 50243 | Underwater ROV | CS 005 |
| 50074 | Engineering Technology Pathways and Careers | DDT Lab |
| 50137 | Library 2022 | LIB 2nd Floor |
| 50078 | Climbing Your Family Tree | LIB 100 |
| 50092 | Navigating Elementary/Special Education | HGA 10 |
| 50100 | The Mystery of the Traveling Virus | CNS 109 |
| 50280 | Nothing About Us Without Us: Disability Resource Network | CNS 200 |
| 50191 | Seeing the World Through a Microscope | CNS 225 |
| 50284 | Hands-On Healthcare: A Simulated Introduction to the Health Science Division | CNS Simulation Lab |
| 50121 | UNA Transfer Workshop | WH 209 |
| 50118 | UAB Transfer Workshop | WH 210 |
| 50231 | What's the Deal with Pickleball? | WC Gym |
| 50054 | Fatal Vision Driving Course | WC Parking Lot |
| 50183 | Long Hair Design | COS |
| 50208 | Roadside Emergencies | AUM |
| 50225 | SKYWARN Storm Spotter Introduction | DEM |
| 50098 | Precision Measuring Tools for Engineering Machinists | MTT |

Building Codes

ABR - Collision Repair
 AGP - Agriculture/Forestry
 AVC - Campus Police/Advanced Visualization Center
 AUM - Automotive Service Technology
 BE - Business Education
 BLH - Betty Leeth Haynes Theatre, Gudger Student Center

CNS - School of Nursing and Center for Science
 COL - Tom Drake Coliseum
 COS - Salon and Spa Management
 CS - Computer Science
 DDT - Engineering Technology/Electronics
 DEM - Diesel Technology
 FPA - Burrow Center for the Fine & Performing Arts
 HGA - Harlan G. Allen Math Building

HVAC - HVAC
 ILT - Mechatronics/Electronics/Robotics
 JBC - James C. Bailey Center
 LIB - Library/Genealogy
 MTT - Machine Tool Technology
 PDL - Poultry Diagnostic Lab
 SBS - Social & Behavioral Sciences
 STC - Student Center
 TBH - Tom Bevill Health Education

WC - Wellness Center
 WDT - Welding
ONEONTA CENTER
 ONE1 - Oneonta Technical Center
 ONE2 - Oneonta Academic Center

Visit www.wallacestate.edu to view [Campus Map](#) or download [WSSC mobile app](#).

| | | |
|---------------------------------------|---|-----------------------|
| 50179 | Mechatronics/FAME Pathways | ILT |
| 50133 | Be a Chicken Tender | PDL |
| 50082 | What's In Your Toolbox? | WDT 118 |
| ONEONTA CAMPUS | | |
| 50066 | Fatal Vision Driving Course | ONE1 |
| 50148 | Social Media: Leaving a Positive Digital Footprint | ONE2 137 |
| 50145 | Stress Less, Accomplish More | ONE2 140 |
| 11:00 AM - TUESDAY, OCTOBER 25 | | |
| HANCEVILLE CAMPUS | | |
| 50129 | Women's Self Defense | AVC 117 |
| 50197 | Industry Comes to Wallace State | JBC Auditorium |
| 50088 | Take a Time Out | JBC 12th Floor |
| 50198 | Resumes & Interviewing | JBC 2nd Floor |
| 50248 | PTA Information Session | TBH 708 |
| 50076 | Sight Through Sound: Sonography Panel and Demonstration | TBH 116 |
| 50107 | Small Talk: Exploring a Career in Early Childhood Education | TBH 406 |
| 50253 | Build a Wally Food Drive | Gudger Student Center |
| 50111 | History of Jazz - LIVE MUSIC | FPA 114 |
| 50177 | Custom Graphic Layout Meme Creation | FPA 201 |
| 50188 | Monoprint Printmaking | FPA 226 |
| 50266 | Keyboarding Skills | BE 102 |
| 50241 | Identity Theft | BE 120 |
| 50171 | The Truth about Sex Trafficking | SBS 113 |
| 50270 | What Color is Your Brain? | SBS 203 |
| 50222 | Crime Scene House Tour | Crime Scene House |
| 50213 | Don't Be Phish Bait: Cybersecurity for Everyone | CS 001 |
| 50245 | Mobile Robotics VEX | CS 005 |
| 50286 | Hands-On Healthcare: A Simulated Introduction to the Health Science Division | CNS Simulation Lab |
| 50156 | Monster Genetics | CNS 115 |
| 50193 | Video on Callings: The Purpose and Passion of Work | CNS 220 |
| 50105 | Create Your Own Jack-o-Lantern | CNS 232 |
| 50247 | Sushi Demonstration - In Person and Live Stream  | CNS Conference Center |
| 50264 | Understanding Implicit Bias | WH 201 |
| 50116 | JSU Transfer Workshop | WH 210 |
| 50232 | What's the Deal with Pickleball? | WC Gym |
| 50167 | Breath and Movement for Calm and Clarity | WC 105 |
| 50216 | Dance Fitness | WC 104 |
| 50055 | Fatal Vision Driving Course | WC Parking Lot |
| 50184 | Long Hair Design | COS |
| 50209 | Roadside Emergencies | AUM |
| 50134 | Be a Chicken Tender | PDL |
| 50083 | What's in Your Toolbox? | WDT 118 |

ONEONTA CAMPUS

| | | |
|-------|--|----------|
| 50067 | Fatal Vision Driving Course | ONE1 |
| 50149 | Social Media: Leaving a Positive Digital Footprint | ONE2 137 |

1 PM - TUESDAY, OCTOBER 25**HANCEVILLE CAMPUS**

| | | |
|-------|---|-----------------------|
| 50141 | Overcoming Test Anxiety | JBC Auditorium |
| 50203 | Engaging with Employers Through Handshake | JBC 2nd Floor |
| 50108 | Small Talk: Exploring Early Childhood Education | TBH 406 |
| 50162 | Campus Photo Hunt | Gudger Student Center |
| 50254 | Build a Wally Food Drive | Gudger Student Center |
| 50250 | Financial Literacy | BE 120 |
| 50172 | The Truth about Sex Trafficking | SBS 113 |
| 50274 | Your Neighbors | SBS 203 |
| 50214 | Don't Be Phish Bait: Cybersecurity for Everyone | CS 001 |
| 50138 | Library 2022 | LIB 2nd Floor |
| 50079 | Climbing Your Family Tree | LIB 100 |
| 50090 | Navigating Secondary Education | HGA 10 |
| 50095 | Hands-On Healthcare: A Simulated Intro to the Health Science Division | CNS Simulation Lab |
| 50113 | Athens State Transfer Workshop | WH 210 |
| 50260 | Home Air Filtration | HVAC |
| 50233 | What's the Deal with Pickleball? | WC Gym |
| 50168 | Breath and Movement for Calm and Clarity | WC 105 |
| 50056 | Fatal Vision Driving Course | WC Parking Lot |
| 50226 | SKYWARN Storm Spotter Introduction | DEM |
| 50180 | Mechatronics/FAME Pathways | ILT |
| 50084 | What's In Your Toolbox? | WDT 118 |

ONEONTA CAMPUS

| | | |
|-------|---|----------|
| 50068 | Fatal Vision Driving Course | ONE1 |
| 50258 | Build a Wally Food Drive | ONE2 132 |
| 50150 | Ace the Interview | ONE2 141 |

2:30 PM - TUESDAY, OCTOBER 25**HANCEVILLE CAMPUS**

| | | |
|-------|---|-----------------------|
| 50142 | Overcoming Test Anxiety | JBC Auditorium |
| 50199 | Resumes & Interviewing | JBC 2nd Floor |
| 50249 | Health Science Test Taking Strategies | TBH 116 |
| 50163 | Campus Photo Hunt | Gudger Student Center |
| 50127 | Comedy Improv with Tim Casper | FPA 114 |
| 50158 | Empathy: It Grows as We Learn | FPA 202 |
| 50251 | Financial Literacy | BE 120 |
| 50173 | The Truth about Sex Trafficking | SBS 113 |
| 50215 | Don't Be Phish Bait: Cybersecurity for Everyone | CS 001 |
| 50112 | Athens State Transfer Workshop | WH 208 |
| 50120 | UAH Transfer Workshop | WH 209 |

| | | |
|-----------------------|--|----------------|
| 50123 | UA Transfer Workshop | WH 210 |
| 50261 | Home Air Filtration | HVAC |
| 50234 | What's the Deal with Pickleball? | WC Gym |
| 50057 | Fatal Vision Driving Course | WC Parking Lot |
| 50227 | SKYWARN Storm Spotter Introduction | DEM |
| ONEONTA CAMPUS | | |
| 50069 | Fatal Vision Driving Course | ONE1 |
| 50259 | Build a Wally Food Drive | ONE2 132 |
| 50152 | Conversational Spanish | ONE2 135 |

WORKSHOPS - WEDNESDAY, OCTOBER 26, 2022

8:00 AM - WEDNESDAY, OCTOBER 26

HANCEVILLE CAMPUS

| | | |
|-------|---|-----------------------|
| 50109 | Small Talk: Exploring a Career in Early Childhood Education | TBH 406 |
| 50164 | Campus Photo Hunt | Gudger Student Center |
| 50278 | Moving from Fear to Love | FPA 114 |
| 50159 | Empathy: It Grows as We Learn | FPA 202 |
| 50174 | The Truth about Sex Trafficking | SBS 113 |
| 50185 | Long Hair Design | COS |
| 50115 | Athens State Transfer Workshop | WH 210 |

9:30 AM - WEDNESDAY, OCTOBER 26

HANCEVILLE CAMPUS

| | | |
|-------|--|-----------------------|
| 50130 | Virtual Police Training | AVC 117 |
| 50204 | Engaging with Employers Through Handshake | JBC 2nd Floor |
| 50217 | Adulting 101: How to Flourish Your First Time Away From Home | TBH 305 |
| 50110 | Small Talk: Exploring a Career in Early Childhood Education | TBH 406 |
| 50269 | Inspired by TA | FPA 114 |
| 50165 | Campus Photo Hunt | Gudger Student Center |
| 50255 | Build a Wally Food Drive | Gudger Student Center |
| 50178 | Custom Graphic Layout Meme Creation | FPA 216 |
| 50189 | Zentangled Grid Drawing | FPA 226 |
| 50267 | Keyboarding Skills | BE 102 |
| 50240 | Credit Awareness | BE 120 |
| 50175 | The Truth about Sex Trafficking | SBS 113 |
| 50223 | Crime Scene House Tour | Crime Scene House |
| 50244 | Underwater ROV | CS 005 |
| 50075 | Engineering Technology Pathways and Careers | DDT Lab |
| 50139 | Library 2022 | LIB 2nd Floor |
| 50080 | Climbing Your Family Tree | LIB 100 |
| 50091 | Navigating Secondary Education | HGA 10 |
| 50101 | The Mystery of the Traveling Virus | CNS 109 |
| 50195 | Video on Callings: The Purpose and Passion of Work | CNS 220 |
| 50192 | Seeing the World Through a Microscope | CNS 225 |
| 50287 | Hands-On Healthcare: A Simulated Introduction to the Health Science Division | CNS Simulation Center |

| | | |
|---|--|-----------------------|
| 50114 | Athens State Transfer Workshop | WH 208 |
| 50117 | JSU Transfer Workshop | WH 210 |
| 50124 | UA Transfer Workshop | WH 211 |
| 50235 | What's the Deal with Pickleball? | WC Gym |
| 50058 | Fatal Vision Driving Course | WC Parking Lot |
| 50206 | Reliance Worldwide Corporation (RWC) Career Trek (off-campus tour) | Coliseum Parking Lot |
| 50186 | Long Hair Design | COS |
| 50210 | Roadside Emergencies | AUM |
| 50228 | SKYWARN Storm Spotter Introduction | DEM |
| 50099 | Precision Measuring Tools for Engineering Machinists | MTT |
| 50181 | Mechatronics/FAME Pathways | ILT |
| 50135 | Be a Chicken Tender | PDL |
| 50085 | What's in Your Toolbox? | WDT 118 |
| ONEONTA CAMPUS | | |
| 50070 | Fatal Vision Driving Course | ONE1 |
| 50154 | Financial Literacy for the College Student | ONE2 139 |
| 50146 | Stress Less, Accomplish More | ONE2 140 |
| 11:00 AM - WEDNESDAY, OCTOBER 26 | | |
| HANCEVILLE CAMPUS | | |
| 50131 | Virtual Police Training | AVC 117 |
| 50089 | Take a Time Out | JBC 12th Floor |
| 50200 | Resumes & Interviewing | JBC 2nd Floor |
| 50077 | Sight Through Sound: Sonography Panel and Demonstration | TBH 117 |
| 50218 | Adulting 101: How to Flourish Your First Time Away From Home | TBH 305 |
| 50166 | Campus Photo Hunt | Gudger Student Center |
| 50256 | Build a Wally Food Drive | Gudger Student Center |
| 50279 | The Story of Robert May: Kristallnacht | FPA 114 |
| 50190 | Zentangled Grid Drawing | FPA 226 |
| 50268 | Keyboarding Skills | BE 102 |
| 50242 | Identity Theft | BE 120 |
| 50176 | The Truth about Sex Trafficking | SBS 113 |
| 50271 | What Color is Your Brain | SBS 203 |
| 50224 | Crime Scene House Tour | Crime Scene House |
| 50246 | Mobile Robotics VEX | CS 005 |
| 50157 | Monster Genetics | CNS 115 |
| 50122 | UNA Transfer Workshop | WH 209 |
| 50125 | UA Transfer Workshop | WH 211 |
| 50236 | What's the Deal with Pickleball? | WC Gym |
| 50169 | Breath and Movement for Calm and Clarity | WC 105 |
| 50059 | Fatal Vision Driving Course | WC Parking Lot |
| 50211 | Roadside Emergencies | AUM |
| 50136 | Be a Chicken Tender | PDL |
| 50086 | What's in Your Toolbox? | WDT 118 |

| ONEONTA CAMPUS | | |
|--|--|-----------------------|
| 50071 | Fatal Vision Driving Course | ONE1 |
| 50155 | Financial Literacy for the College Student | ONE2 139 |
| 50147 | Stress Less, Accomplish More | ONE2 140 |
| 12:00 PM - WEDNESDAY, OCTOBER 26 | | |
| HANCEVILLE CAMPUS | | |
| SPECIAL EVENT - Town Hall with WSCC President Dr. Vicki Karolewics* | | Wally's Grill |
| 1:00 PM - WEDNESDAY, OCTOBER 26 | | |
| HANCEVILLE CAMPUS | | |
| 50143 | Overcoming Test Anxiety | JBC Auditorium |
| 50205 | Engaging Employers Through Handshake | JBC 2nd Floor |
| 50219 | Adulthood 101: How to Flourish Your First Time Away From Home | TBH 305 |
| 50257 | Build a Wally Food Drive | Gudger Student Center |
| 50281 | LGBTQ 101: Cultural Humility Training | FPA 114 |
| 50160 | Empathy: It Grows as We Learn | FPA 202 |
| 50275 | Your Neighbors | SBS 203 |
| 50140 | Library 2022 | LIB 2nd Floor |
| 50081 | Climbing Your Family Tree | LIB 100 |
| 50093 | Navigating Elementary/Special Education | HGA 10 |
| 50288 | Hands-On Healthcare: A Simulated Introduction to the Health Science Division | CNS Simulation Center |
| 50106 | Create Your Own Jack-o-Lantern | CNS 232 |
| 50119 | UAB Transfer Workshop | WH 210 |
| 50126 | UA Transfer Workshop | WH 211 |
| 50262 | Home Air Filtration | HVAC |
| 50237 | What's the Deal with Pickleball? | WC Gym |
| 50170 | Breath and Movement for Calm and Clarity | WC 105 |
| 50060 | Fatal Vision Driving Course | WC Parking Lot |
| 50207 | Reliance Worldwide Corporation (RWC) Career Trek (off-campus tour) | Coliseum Parking Lot |
| 50229 | SKYWARN Storm Spotter Introduction | DEM |
| 50182 | Mechatronics/FAME Pathways | ILT |
| 50087 | What's in Your Toolbox? | WDT 118 |
| ONEONTA CAMPUS | | |
| 50072 | Fatal Vision Driving Course | ONE1 |
| 50151 | Ace the Interview | ONE2 141 |
| 2:30 PM - WEDNESDAY, OCTOBER 26 | | |
| HANCEVILLE CAMPUS | | |
| 50144 | Overcoming Test Anxiety | JBC Auditorium |
| 50201 | Resumes & Interviewing | JBC 2nd Floor |
| 50220 | Adulthood 101: How the Flourish Your First Time Away From Home | TBH 305 |
| 50282 | International Club Organizational Meeting | FPA 215 |
| 50263 | Home Air Filtration | HVAC |
| 50238 | What's the Deal with Pickleball? | WC Gym |
| 50061 | Fatal Vision Driving Course | WC Parking Lot |

| | | |
|-----------------------|---|----------|
| 50230 | SKYWARN Storm Spotter Introduction | DEM |
| ONEONTA CAMPUS | | |
| 50073 | Fatal Vision Driving Course | ONE1 |
| 50153 | Conversational Spanish | ONE2 135 |

WORKSHOP DESCRIPTIONS



Note: Sessions with this logo are sponsored by the Wallace State Diversity, Equity, Inclusion and Belonging Committee.

Ace the Interview

Get tips on ways to impress potential employers during your job interview.

Facilitator: Seth Terrell

Sessions: Tuesday 1 pm; Wednesday 1 pm

Location: Oneonta Academic Center Room 141

Adulting 101: How to Flourish Your First Time Away from Home

Flourish of Cullman and the WSCC OTA program will help first-time college students be successful in functional daily life occupations such as how to wash clothes, budgeting, time management, paying bills, simple meal prep/grocery shopping and more.

Facilitator: Melissa Day

Sessions: Wednesday 9:30 am, 11 am, 1 pm, 2:30 pm

Location: Beville Health Science Room 305

Be a Chicken Tender

Learn what you need to know before starting a backyard flock for either eggs or meat.

Facilitator: Melanie Glasscock

Sessions: Tuesday 9:30 am, 11 am; Wednesday 9:30 am, 11 am

Location: Poultry Diagnostic Lab

Breath and Movement for Calm and Clarity

Learn the benefits of mindfulness with meditation, yoga and more. Wear comfortable clothing.

Facilitator: Rachel Eidson of Elevate

Sessions: Tuesday 11 am, 1 pm; Wednesday 11 am, 1 pm

Location: Wellness Center Room 105

Build a Wally Food Drive

Students will have the opportunity to stuff one Wally plush animal. Students are encouraged to bring donations of non-perishable food items (fruit cups, granola bars, Pop Tarts, cereal cups, instant mashed potato packs, rice packs, canned meat, tuna or chicken packets, soup, etc.) or non-food items (laundry detergent, personal hygiene, feminine hygiene) for the Lions' Kitchen.

Facilitator: Candice Fomby, Logan Edmonds, Lauren Wilson

Hanceville Sessions: Tuesday 9:30 am, 11 am, 1 pm; Wednesday 9:30 am, 11 am, 1 pm

Location: Wally's Grille, Student Center

Oneonta Sessions: Tuesday 1 pm, 2:30 pm

Location: Oneonta Academic Center Room 132

Campus Photo Hunt

Students will be given riddles that go along with different locations on campus. Students must solve the riddles and go to the location and take the most creative picture of themselves at the location. The object of this is for students to become more familiar with important areas of campus. The winner will be the first group to

submit pictures of all the locations.

Facilitator: Ashlyn Armstrong

Sessions: Tuesday 9:30 am, 1 pm, 2:30 pm; Wednesday 8 am, 9:30 am, 11 am

Location: Gudger Student Center Recruiting Suite



Climbing Your Family Tree

Learn how to use the genealogy program's resources in the Wallace State Library for learning about your ancestors.

Facilitator: Robert Davis

Sessions: Tuesday 9:30 am, 1 pm; Wednesday 9:30 am, 1 pm

Location: Wallace State Library Room 100

Comedy Improv with Tim Casper

The Comedy Improv Workshop will feature Tim Casper, a graduate of the comedic improv programs at Groundlings and Upright Citizens Brigade in Los Angeles. He has performed in comedy groups throughout the country and is currently working with Birmingham based improv groups Ugly Baby and Gladys. Audience participation!

Facilitator: Tim Casper

Session: Tuesday 2:30 pm

Location: Burrow Center Recital Hall

Conversational Spanish

Learn how to say some of the more common phrases in general conversation.

Facilitator: John Barnett

Sessions: Tuesday 2:30 pm; Wednesday 2:30 pm

Location: Oneonta Academic Center Room 135

Create Your Own Jack-o'-Lantern

Learn the history and lore of the Jack-o'-lantern before tackling the craft. Each participant will receive a pumpkin, pattern, and carving tools to create a Jack-o'-lantern.

Facilitator: Gayle Ledbetter-Crocker

Session: Tuesday 11 am, Wednesday 1 pm

Location: School of Nursing Room 232

Credit Awareness

Learn how credit works, what makes up your credit score, and how to improve your credit.

Facilitator: Beverly Cochran of AmFirst

Sessions: Tuesday 9:30 am; Wednesday 9:30 am

Location: Business Education 120

Crime Scene House Tour

Tour the Criminal Justice program's crime scene house and learn about crime scene investigation.

Facilitator: Thea Hall

Sessions: Tuesday 9:30 am, 11 am; Wednesday 9:30 am, 11 am

Location: Crime Scene House on back side of campus

Custom Graphic Layout Meme Creation

Learn to use Microsoft PowerPoint to setup and create custom graphic montages of your own images or your own custom memes. Learn the basics of design layout and composition using

Microsoft Office Products.

Facilitator: Adrian Scott

Sessions: Tuesday 11 am; Wednesday 9:30 am

Location: Burrow Center Room 216

Dance Fitness

Learn how to use dance to maintain fitness.

Facilitator: Brooke Desnoes

Session: Tuesday 11 am

Location: Wellness Center Room 104

Don't Be Phish Bait: Cybersecurity for Everyone.

You should be very afraid of being hacked. Get tricks, tips and warnings to know how to keep yourself safe on the Internet.

Facilitator: Gregory Knight

Sessions: Tuesday 9:30 am, 11 am, 1 pm, 2:30 pm;

Location: Computer Science Room 001

Empathy: It Grows as We Learn

True connections start with empathy. This workshop will help students define empathy while identifying their strengths and challenges when it comes to having empathy for others.



Facilitator: Christine Wiggins

Sessions: Tuesday 2:30 pm; Wednesday 8 am, 1 pm

Location: Burrow Center Room 201

Engaging with Employers through Handshake

Learn about Handshake, a college recruiting platform that allows students to discover and land jobs and internships, request career services appointments, and register for career fairs and events. Students will learn how to access and utilize their accounts as well as best practices regarding profile completion.

Facilitator: Savana Weissend

Sessions: Tuesday 9:30 am, 1 pm; Wednesday 9:30 am, 1 pm

Location: Bailey Center 2nd Floor

Engineering Technology Pathways and Careers

Get information on AAS Degree, STC's and Certificates available in Engineering Technology; hear from a student panel that will share experiences and answer questions.

Facilitator: Todd Hardman

Sessions: Tuesday 9:30 am; Wednesday 9:30 am

Location: Engineering Technology Lab

Fatal Vision Driving Course

Officers with the Alabama Law Enforcement Agency (ALEA) will provide hands-on experience related to the dangers of driving while intoxicated, impaired or distracted.

Facilitator: ALEA

Sessions: Tuesday 9:30 am, 11 am, 1 pm, 2:30 pm, Wednesday 9:30 am, 11 am, 1 pm, 2:30 pm

Locations: Wellness Center parking lot; Oneonta Technical Center parking lot

Financial Literacy for the College Student

Representatives with Hometown Bank and Cullman Savings Bank will share information about

personal finance.

Facilitator: Lauren Wilson, Clark Kent

Hanceville Sessions: Tuesday 1 pm, 2:30 pm

Location: Business Education Room 120

Oneonta Sessions: Wednesday 9:30 am, 11 am

Location: Oneonta Academic Center Room 139

Hands-On Healthcare: A Simulated Introduction to the Health Science Division

This workshop is geared towards students with a Health Sciences major or anyone interested in health sciences. Students will have the ability to interact with simulations from each of the health sciences programs.

Facilitator: Deidre Rooker

Sessions: Tuesday 9:30 am, 1 pm; Wednesday 9:30 am, 1 pm

Location: School of Nursing Simulation Center

Health Science Test Taking Strategies

Students who are enrolled or planning to enroll in one of the health science programs can improve test-taking skills on high-impact multiple choice tests.

Facilitator: Alina Adams

Session: Tuesday 2:30 pm

Location: Bevil Health Science Room 116

History of Jazz

Through live performances, take a walk through the genre of Jazz from Dixieland in the streets of New Orleans to big band swing, bebop, cool jazz and fusion.

Facilitator: Ricky Burks

Session: Tuesday 11 am

Location: Burrow Center Recital Hall

Home Air Filtration

Learn about your home's air filtration system. What is it capable of filtering? What are some ways it can be improved? We will also cover catastrophic events including how to protect your home air from outside contaminants such as nuclear fallout and airborne viruses.

Facilitator: Ryan Iversen

Session: Tuesday 1 pm, 2:30 pm; Wednesday 1 pm, 2:30 pm

Location: HVAC Building

Identity Theft

Learn how help protect yourself against identity theft and tips on what to do if you have been a victim.

Facilitator: Beverly Cochran, AmFirst

Sessions: Tuesday 11 am; Wednesday 11 am

Location: Business Education 120

Industry Comes to Wallace State

Area employers will share information about what their company does, the career opportunities they have, their company culture, and benefits of working with their company.

Facilitator: Bethany Campbell

Sessions: Tuesday 9:30 am, 11 am

Location: Bailey Center Auditorium

Inspired by TA

Timothy Alexander knows what it takes to beat the odds. His drive helped him become a college football player when many believed that dream was impossible due to a car accident that left him paralyzed from the neck down.

Facilitator: Timothy Alexander

Sessions: Wednesday 9:30 am

Location: Burrow Center Recital Hall



International Club Organizational Meeting

Get information on Wallace State's International Club, or I-Club, which includes both international and domestic students who socialize and learn about one another's cultures through meetings, events and activities.

Facilitator: Kristen Holmes

Sessions: Wednesday 2:30 pm

Location: Burrow Center Room 215



Keyboarding Skills

Learn basic typing/keyboarding skills.

Facilitator: Kathy Sides

Sessions: Tuesday 9:30 am, 11 am; Wednesday 9:30 am, 11 am

Location: Business Education 102

Library 2022

Learn basic research skills and tools; how to use the Alabama Virtual Library as well Wallace State Library databases; digital literacy and critical thinking skills.

Facilitator: Lisa Hullett

Sessions: Tuesday 9:30 am, 1 pm; Wednesday 9:30 am, 1 pm

Location: Library 2nd Floor

LGBTQ 101 - Cultural Humility Training

This session will help increase knowledge of LGBTQ-affirming language, raise awareness of LGBTQ community needs and current barriers that exist, improve attitudes towards the LGBTQ community, and increase LGBTQ affirming behaviors and policies. Session sponsored by the Wallace State Diversity, Equity, Inclusion and Belonging Committee.

Facilitators: Amanda Keller and Lauren Jacobs,

Magic City Acceptance Center

Sessions: Wednesday 1 pm

Location: Burrow Center Recital Hall



Long Hair Design

Learn a variety of long hair design techniques such as braiding, smoothing, curling, and up styles.

Facilitators: Sabrina Flanigan, Amy Moore

Sessions: Tuesday 9:30 am, 11 am; Wednesday 8 am, 9:30 am

Location: Cosmetology

Mechatronics/FAME Pathways

Learn about both Mechatronics and FAME apprenticeships.

Facilitators: Jerry Murcks, James McKenzie, Dean Autry

Sessions: Tuesday 9:30 am, 1 pm; Wednesday 9:30 am, 1 pm

Location: Mechatronics Building Room 101

Mobile Robotics VEX

Learn the basics of Mobile Robotics and the competition teams at Wallace State.

Facilitator: Terry Ayers

Sessions: Tuesday 11 am; Wednesday 11 am

Location: Computer Science Room 005

Monoprint Printmaking

Learn to transform simple sketches into colorful prints using quick and easy traditional ink on paper monoprint techniques. Students will finish the session with 2 completed monoprint images. All supplies will be furnished.

Facilitator: Ramon Daniel

Sessions: Tuesday 9:30 am, 11 am

Location: Burrow Center Room 226

Monster Genetics

Genetics workshop using candy to cover the following topics: alleles, multiple loci on alleles, simple dominance codominance, and incomplete dominance and regulatory genes.

Facilitator: Connie Briehn

Sessions: Tuesday 11 am; Wednesday 11 am

Location: School of Nursing Room 115

Moving from Fear to Love

Fear of the other is the source of so much misunderstanding, hate, and individual and societal hurt and despair. Rev. Ed Bacon will discuss "otherness," in whatever form that may be, and how we move from fear of the other to love, sharing his personal journey along the way.

Facilitator: Rev. Ed Bacon

Sessions: Wednesday 8 am

Location: Burrow Center Recital Hall



The Mystery of the Traveling Virus

Follow the trail of the mysterious simulated virus throughout the classroom. Where did it start and who is the culprit spreading the virus? Only you can help solve this mystery if you attend.

Facilitators: Jackie Donaldson, Beth Williams

Sessions: Tuesday 9:30 am; Wednesday 9:30 am

Location: School of Nursing Room 109

Navigating Elementary/Special Education

This workshop is designed to advise Elementary or Special Education majors on the scope and sequence of classes to take at WSCC. Particular emphasis will be placed on the different requirements for transfer universities.

Facilitator: Brandon Smith

Sessions: Tuesday 9:30 am; Wednesday 1 pm

Location: Math Building Room 10

Navigating Secondary Education

This workshop will help advise Secondary Education majors about the scope and sequence of courses they need to take at WSCC. Emphasis will be placed on the requirements from different transfer universities.

Facilitator: Brandon Smith

Sessions: Tuesday 1 pm, 9:30 am

Location: Math Building Room 10

Nothing About Us Without US

An introduction to Centers for Independent Living discussing Independent Living Movement, Independent History and Philosophy, and the five core services.

Facilitator: Disability Service Network

Session: Tuesday 9:30 am

Location: School of Nursing Room 200



Overcoming Test Anxiety

Learn about the source of test anxiety as well as tips and tricks to help you overcome test anxiety.

Facilitator: Daniel Young

Sessions: Tuesday 1 pm, 2:30 pm; Wednesday 1 pm, 2:30 pm

Location: Bailey Center Auditorium

Precision Measuring Tools for Engineering Machinists

To acquaint students with the design and operation of measuring tools used by Engineering Machinists.

Facilitator: Steven Smith

Sessions: Tuesday 9:30 am, Wednesday 9:30 am

Location: Machine Tool Technology

PTA Program Information Session

Join us for a strategy session that will help you

prepare to submit a more competitive application to the Physical Therapy Assistant program.

Facilitator: Alina Adams

Sessions: Tuesday 11 am

Location: Bevill Health Science Room 708

Reliance Worldwide Corporation (RWC) Career Trek

WSCC students will attend a field trip and visit local employer Reliance Worldwide Corporation. This will allow them to see inside the business, learn what products are manufactured, explore career opportunities and interact with current employers and leadership. RWC currently employs WSCC students from our Machine Tool Technology and Electronics Technology programs, but have job roles requiring a variety of skillsets including Business, Computer Science, and other technical disciplines.

Facilitators: Ashley Baker, Christina Holmes

Sessions: Wednesday 9:30 am, 1 pm

Location: Bus departs from Coliseum Parking Lot

Resumes & Interviewing

Learn how to make your professional resume stand out, how to dress professionally, and how to impress employers during an interview.

Facilitator: Jamie Blackmon, Sean Ryan

Sessions: Tuesday 11 am, 2:30 pm; Wednesday 11 am, 2:30 pm

Location: Bailey Center 2nd Floor

Roadside Emergencies

Learn how to plan and deal with emergencies on the road.

Facilitator: Adam Frazar

Sessions: Tuesday 9:30 am, 11 am; Wednesday 9:30 am, 11 am

Location: Automotive Technology

Seeing the World through a Microscope

Learn how to use a microscope.

Facilitator: Shannon Quick

Sessions: Tuesday 9:30 am; Wednesday 9:30 am

Location: School of Nursing Room 225

Sight Through Sound: Sonography Panel and Demonstration

Current students in the ultrasound program will answer questions and prove and live demonstration of ultrasound scanning.

Facilitator: April Sutherland

Sessions: Tuesday 11 am; Wednesday 11 am

Location: Bevill Health Science Room 116

SKYWARN Storm Spotter Introduction

Learn the basic role of the SKYWARN storm spotter and how to navigate the online resources provided by the NOAA National Weather Service. Steps on how to enroll in one of the free courses provided by the National Weather Service to become a SKYWARN storm spotter will also be provided.

Facilitator: Daniel Swindall

Sessions: Tuesday 9:30 am, 1 pm, 2:30 pm;

Wednesday 9:30 am, 1 pm, 2:30 pm

Location: Diesel Technology Classroom

Small Talk: Exploring a Career in Early Childhood

Meet with Child Development program director Dr. Marcie Robinson and learn the differences between a career in early childhood and elementary education. Find out more about a career path, apprenticeships, scholarships, and job opportunities in the Child Development

program at WSCC.

Facilitator: Marcie Robinson

Sessions: Tuesday 11 am, 1 pm; Wednesday 8 am, 9:30 am

Location: Bevill Health Science Room 406

Social Media: Leaving a Positive Digital Footprint

Learn how to manage your social media sites to make sure you're putting your best foot forward.

Facilitator: Kateland Sibert

Sessions: Tuesday 9:30 am, 11 am

Location: Oneonta Academic Center Room 137

The Story of Robert May: Kristallnacht (Night of Broken Glass)

Hear the story of Holocaust survivor Robert May from his daughter Ann Mollengarden, who serves as Education Director of the Alabama Holocaust Education Center. Kristallnacht occurred on November 9, 1938, and came to stand for the shattering of Jewish existence in Germany. In one night, hundreds of Jewish synagogues were destroyed; 91 Jews were killed; 30,000 Jews were arrested, many thrown into concentration camps.

Facilitator: Ann Mollengarden

Sessions: Wednesday 11 am

Location: Burrow Center Recital Hall

Stress Less, Accomplish More

Being a college student is stressful! Learn how to reduce stress, how to cope in stressful situations, and how to increase positivity throughout your college life.

Facilitator: Kateland Sibert

Sessions: Tuesday 9:30 am; Wednesday 9:30 am

Location: Oneonta Academic Center Room 140

Sushi Demonstration

Wallace State Culinary Arts program director Chef Aaron Nichols will demonstrate the art of making sushi. Attendees will get the chance to taste the results.

Facilitator: Chef Aaron Nichols

Session: Tuesday, Oct. 25, 11 am

Location: School of Nursing, Peinhardt Conference Center

Take a Time Out

Reduce your stress and increase brain function while making connections with fellow WSCC students. Join us for a variety of classic board, cards, dominoes, etc.

Facilitator: Stacey Sivley

Sessions: Tuesday 11 am; Wednesday 11 am

Location: Bailey Center 12th Floor

Town Hall with Dr. Karolewics

Grab lunch and join Dr. Karolewics in a town hall event at noon in Wally's Grill. Share in a discussion of recent events and what Wallace State can do to address student needs and foster a sense of belonging now and in the future.

***This special event does not count as a workshop to complete PULSE requirements.**

Facilitator: Dr. Vicki Karolewics

Sessions: Wednesday 12 pm

Locations: Wally's Grill, Gudger Student Center

The Truth About Sex Trafficking

Local author Melanie Patterson will explain what human sex trafficking is and what isn't human sex trafficking, the tactics that traffickers use to lure victims, the role of technology in sex trafficking (Internet, online games, social media, etc.), how and why sex trafficking is difficult to

prosecute, why certain people are more vulnerable, and much more.

Facilitator: Melanie Patterson

Sessions: Tuesday 11 am, 1 pm, 2:30 pm; Wednesday 8 am, 9:30 am, 11 am

Location: Social and Behavioral Science Room 113

Transfer Workshops for Individual Colleges and Universities

Representatives from several universities will be on hand to assist students with the transition from community college to four-year universities and share information about scholarships, programs and more.

Facilitators: Karen Morris, Jennifer McRae

Sessions: Tuesday and Wednesday

Locations: Wilson Hall Rooms 208, 209, 210, 211

Videos on Callings: The Purpose and Passion of Work

The Common Read Committee introduces you to Dave Isay (the author of *Callings: The Purpose and Passion of Work*) and his organization StoryCorps. In a series of videos and interviews, you'll hear from Dave Isay about founding principles of StoryCorps and the inspiration for *Callings*. You'll also see several animated versions of StoryCorps interviews. Enjoy the viewing with free popcorn.

Facilitator: Common Read Committee

Sessions: Tuesday 11 am; Wednesday 9:30 am

Location: CNS 220

Understanding Implicit Bias

Get an overview of what implicit bias is, how to identify it within ourselves, and how to take steps to address it.

Facilitators: Sally Warren, Christine Wiggins

Sessions: Tuesday 11 am

Locations: Wilson Hall 201

Underwater ROVs

Learning about Remotely Operated Vehicles and how you can contribute to Wallace States ROV Competition Team.

Facilitators: Jeremy Wilt

Sessions: Tuesday 9:30 am; Wednesday 9:30 am

Location: Computer Science Room 005

Virtual Police Training

This workshop will expose students who are interested in the Criminal Justice profession. Students will experience virtual police training by making split second decisions in real-life scenarios police encounter in their profession.

Facilitator: Brandi Parker

Sessions: Wednesday 9:30 am, 11 am

Location: Advanced Visualization Center Room 117

What's in Your Toolbox?

Participants will learn the importance of earning credentials and how to conduct themselves in an interview for employment.

Facilitator: Randy Hammond

Sessions: Tuesday 9:30 am, 11 am, 1 pm; Wednesday 9:30 am, 11 am, 1 pm

Location: New Welding Building, Room 118

What Color is Your Brain?

Learn about your attributes and Why certain people get on your last nerve!

Facilitator: Stacey Brunner, Susan O'Rear

Sessions: Tuesday 11 am; Wednesday 11 am

Location: Social and Behavioral Science Room 203

What's the Deal with Pickleball?

Learn how to play America's fastest-growing sport: Pickleball?

Facilitator: Dakota Nichols

Sessions: Tuesday 9:30 am, 11 am, 1 pm, 2:30 pm;

Wednesday 9:30 am, 11 am, 1 pm, 2:30 pm

Location: Wellness Center Gym

Women's Self Defense

This workshop educates young women about how to recognize/reduce the risk of being a victim and provides them with a few basic defense

techniques to protect themselves.

Facilitator: Brandi Parker

Sessions: Tuesday 9:30 am, 11 am

Location: Advanced Visualization Center Room 117

Your Neighbors

This interactive workshop explores the importance of practicing unconditional positive regard and acceptance.

Facilitator: Aletta Williamson

Session: Tuesday 1 pm; Wednesday 1 pm

Location: Social and Behavioral Science Room 203



Zentangled Grid Drawing

In this calm and relaxing activity participants will learn to layout custom gridded compositions on paper for creative completion with colored doodles, scribbles and patterns. Students will finish the session with one completed grid drawing.

Facilitator: Ramon Daniel

Sessions: Wednesday 9:30 am, 11 am

Location: Burrow Center Room 226

SERVE PROJECTS

Look for Serve Projects under the PULSE Blackboard shell under the [Serve Project](#) tab. Students will sign up for Serve Projects via PULSE Information & Survey Blackboard course on a first-come, first-served basis. Please note, some projects are program specific. The following projects are open to all students.

Clean Up The Pilot Light Home

What: Student volunteers will wash windows, doors, and screens at The Pilot Light Home.

When: Tuesday, Oct. 25, 8 am to 12 pm

Dolly Parton's Imagination Library

What: Student volunteers will man a table at Karma's Coffee House to seek annual sponsors for children under 5 in Cullman County to receive books from Dolly Parton's Imagination Library. Cullman County's Imagination Library has delivered over 22,300 books to 2,500 children under 5 in Cullman County since it launched in August 2021. This program costs \$25 per year per child, and is 100% locally funded. We are reaching 35% of Cullman's 0 to 5 population with free books monthly, but they need your help! To continue this program and ensure it is in Cullman County for many years to come, we must look to our community to help sponsor one child every year for \$25.

When: Tuesday, Oct. 25, 8 am - 12 pm; Wednesday, Oct. 26, 8 am - 12 pm

Feed the Lions!

What: Student volunteers will assist members of Desperation Church as they serve lunch to students.

When: Tuesday, Oct. 25, 10 am-2 pm; Wednesday, Oct. 26, 10 am-2 pm

First Source for Women

What: Student volunteers will move furniture and sort products at First Source for Women, 203 Commercial St. NE, Hanceville.

When: Tuesday, Oct. 25, 8 am - 12 pm, 1 pm-5 pm; Wednesday, Oct. 26, 8 am - 12 pm, 1-5 pm

Flowerbed Fall Colors

What: Student volunteers will plant flowers at various locations on campus.

When: Wednesday, Oct. 26, 8 am - 12 pm

Good Samaritan Clinic Clean Up

What: Geared to students interested in healthcare fields, will have the opportunity to tour and learn about nonprofit The Good Samaritan Clinic in Cullman. This clinic offers healthcare to those who can not afford it and are not eligible for Medicare or Medicaid. We will be organizing and cleaning the clinic.

When: Tuesday, Oct. 25, 8 am - 12 pm

Oneonta Public Library

What: Student volunteers will help the Oneonta Public Library build their outdoor classroom space, located at 221 2nd St S, Oneonta.

When: Tuesday, Oct. 25, 9 am-12 pm.

Painting Colony Senior Center

What: Student volunteers will assist the Cullman County Commission on Aging in painting the Colony Senior Center, 12980 Hwy 91, Hanceville

When: Wednesday, Oct. 26, 12-5 pm

PULSE Photography Crew

What: Volunteers will receive assignments to take photographs and/or videos at specific PULSE events. Volunteers will work at least one, 4-hour shift, with two shifts available each day of PULSE. They will download their photos/videos to a OneDrive folder created for that purpose and should provide their WSCC email address for that task.

When: Tuesday, Oct. 25, 8 am-12 pm; 1 pm-5 pm; Wednesday, Oct. 26, 8 am-12 pm, 1 pm-5pm

Read With SKD! (Links to individual sites below)

What: This serve project will be sponsored by Sigma Kappa Delta; however, any Wallace State student is invited to participate. We will visit several local elementary schools and read to students grades PK3-2nd grade.

When: [Hanceville Elementary - Tuesday, Oct. 25, 8 am-12 pm](#); [Cullman Christian - Wednesday, Oct. 26, 9 am-12 pm](#); [St. Paul's - Wednesday, Oct. 26, 9:30 am-12 pm](#).

Victim Services of Cullman

What: Student volunteers will help paint the main office of Victim Services, 310 3rd Ave NE, Cullman. Victim Services provides crisis response, recovery and prevention programs for families impacted by domestic and sexual violence.

When: Tuesday, Oct. 25, 8 am-12 pm; 12 pm-4 pm